

Chapter 15

Fall Protection Program

1. Purpose. This chapter establishes a Fall Protection Program for MCAS Cherry Point. This chapter applies to all personnel, civilian, military, and contractors aboard MCAS Cherry Point.

2. Responsibilities

a. Installation Safety Specialist, Tactical Safety Specialist (TSS) or Unit Safety Personnel

(1) Provide fall protection training material and instruction for supervisors and workers as required.

(2) Provide recommendations for appropriate fall protection.

(3) Stop any work operations that are not in compliance with safety guidelines.

(4) Review all written fall protection SOPs.

b. Supervisors

(1) Request assistance from the Installation/Unit Safety office when assessing potential fall hazards.

(2) Provide personnel with a written fall protection SOP, approved by the Installation/Unit Safety Manager detailing steps necessary to control fall hazards.

(3) Provide personnel with a stable work platform.

(4) Provide personnel with appropriate personal fall protection equipment.

(5) Require personnel to use fall protection equipment properly.

(6) Install barriers or debris nets below elevated work surfaces to protect personnel from falling objects.

c. MCAS Cherry Point Personnel

(1) Comply with the requirements of the Fall Protection Program.

(2) Request assistance, if required, when assessing potential fall hazards.

(3) Use appropriate fall protection equipment and techniques when fall hazards are present.

(4) Inspect fall protection equipment before use and maintain the equipment per the manufacturer's recommendations. All equipment that is

damaged will be immediately removed from service. Any personal fall arrest protection equipment that has been subjected to shock will be removed from service until inspected by the manufacturer or other competent person.

(5) Report unsafe conditions and equipment to supervisors and/or safety personnel.

3. Training

a. Fall protection training shall be provided to all personnel who may be exposed to fall hazards. Training shall enable each person to recognize hazards of falling, as well as understand procedures used to minimize these hazards. Training rosters will be sent to TSD.

b. Training shall be conducted by a competent person and shall include:

(1) Nature of fall hazards in work area(s).

(2) Correct procedures for erecting, inspecting, and disassembling fall protection systems to be used.

(3) Use and operation of guardrail systems, personal fall arrest systems, safety net systems, warning line systems, safety monitoring systems, controlled access zones, and/or any other protection used.

(4) Role of each individual in safety monitoring system used.

(5) Limitations on the use of mechanical equipment during performance of roof work on low-sloped roofs.

(6) Correct procedures for handling and storage of equipment and materials, and erection of overhead protection.

c. Retraining will be conducted when there are changes to the work, or fall protection techniques render previous training ineffective, or personnel who have received training cannot demonstrate adequate knowledge of fall protection procedures.

d. Training requirements for personnel using ladders and stairways are provided in reference (u). The training program must enable each user to recognize hazards related to ladders and stairways and use proper procedures, including fall protection systems, to minimize these hazards.